

Nuffield Health York Hospital Information

Nuffield Health York Hospital opened in 2004 to replace the Purey Cust Nuffield Hospital in response to increasing demand from the local region for high class medical facilities.

We provide a comprehensive range of private healthcare services with the most up to date technology and medical equipment to ensure the best possible medical care.

The facilities at our hospital have been designed to meet patient requirements, and all of our rooms have en-suite facilities to make your stay comfortable.

All of our staff are highly trained in providing care on an individual basis, with an overall aim of creating a caring environment to encourage a speedy recovery and well-being.

The hospital opened in December 2004 on the site of the former Joseph Rowntree and latterly Nestlé Dining Block which was where during most of the 20th century staff at the Nestlé factory across the road ate their meals, socialised, danced, exercised and in some cases were educated.

It was set up by Joseph Rowntree in the early 1900s to ensure a fit, healthy and educated workforce for his chocolate factory.



About Nuffield Health

For over 50 years we've been taking care of people. Through the purchase of Cannons gyms, and the evolution of Nuffield hospitals and Proactive Health, we have become Nuffield Health, offering a wider range of health services than anyone else in the UK.

We've brought together our private hospitals, health clinics, Fitness & Wellbeing Centres, diagnostic units and a wide range of treatments into one complete healthcare service. Through a network of over 200 facilities across the nation, we help people get healthy and stay healthy.

Our customers are at the centre of everything we do. We provide services that are personal and tailored to each individual. Our customers trust us to look after their needs and help them make informed decisions, to better manage their health.

We are independent and enterprising

We are the UK's leading health care and social enterprise charity. We are independent of government and have no shareholders, so we are free to reinvest any profit we make for the benefit of our customers. This puts us in a unique position to constantly challenge the status quo, anticipate your needs, and constantly seek better ways of doing things.

We combine the best disciplines of business, with the social values of charity. As a charity, our success is defined by our ability to improve people's health. As a business, our success is driven by our customer's long-term satisfaction.

We are passionate and caring

It is our passion for the health of others, that gives us the energy, dedication and commitment to help our customers improve their health and to change their lives for the better. Whatever we do, our customers health is our number one priority.

Care is at the heart of our business and always has been. Our work is more than just a job to the people that work at Nuffield Health. Being warm and empathetic towards our customers and focusing on their individual needs and feelings, makes a real difference to the service we offer.

Nuffield Health Private Hospitals

At our hospitals, it's all about you. You'll find a professional and caring environment, with spotlessly clean rooms, and nurses who treat you like a person.

We pride ourselves in providing quality healthcare and medical excellence; combining the technology of the future, with the values of the past. That's why all of our healthcare clinics and private medical centres across 31 state of the art hospital locations, have a dedicated and personable matron, who ensures the highest of standards throughout the hospital.

We'll always have time for you, so come and talk to us and find out how we can help.

Cosmetic surgery

We've been helping people look and feel better long before the term 'cosmetic surgery' was invented. More than 50 years later, we have a wide network of expert professionals and specialists at our hospitals all over the UK.

We're experienced in all types of cosmetic surgery, from [breast augmentation](#) and [tummy tucks](#) to [facelifts](#), and [nose surgery](#). You will receive the individual attention you need and deserve. You will see the same consultant throughout your treatment journey from the initial consultation, right through to the surgery itself and the recovery period.

As a proud not-for-profit organisation, we have no shareholders to pay, we reinvest everything back into improving services and facilities, for you. You couldn't be in better hands.

Look good, feel great - you deserve it

The new you starts here. More and more people are considering cosmetic surgery when there's something they want to change about their body. If you're thinking of surgery, tell us what you have in mind and we'll listen. We have the expertise to help you decide what's best for you. We'll suggest options and help you make a plan to get the results you want. It all starts by talking. Come in and see what we can do for you.

The first step to a new you

Meeting your consultant is the first step towards achieving your goal. It's a big decision and having cosmetic surgery can seem like a giant step, but it's a step that could make a huge difference to the way you feel, as well as the way you look.

It's natural to have questions and you may be worried about a particular aspect of treatment, or feel nervous because you're not sure about what is going to happen. We are here to answer any questions you may have as well as to listen to you and guide you through every part of your treatment.

Preparing to visit us

At your outpatient visit, you will chat to the consultant who will look after you throughout your stay in hospital, and perform the procedure as well. Your consultant can help ease any worries you have. You may want to think about what you want to ask before your visit and jot it down on paper.

The Nuffield Health approach is always to be helpful, caring and friendly and we genuinely want you to feel able to ask any questions you have. We will never pressure you into having treatment and we are passionate that you get the best outcome for you. This could include coming in for a consultation and actually deciding that cosmetic surgery is not the best option for you.

We want to make sure that you are fully informed before deciding to go ahead with your cosmetic surgery. If you have a question, we'll answer it. If certain medical terms aren't clear, we'll explain them. If you would like to bring a friend for support when we talk, no problem.

Your appointment can take from 15 to 45 minutes, depending on your individual needs. We sometimes need to carry out further tests on the same day. Or we may ask you to come back another day. But we will always fully explain why we need to do any extra tests.

If you are on any prescribed medication, please bring the details along to your outpatient visit.

What are your thoughts?

- How do you want cosmetic surgery to make you feel?
- Will cosmetic surgery change your lifestyle?
- What are your particular concerns?
- Do you have questions that we can help you answer?
- What do you want to achieve?
- Is it solely your decision to want cosmetic surgery?

Arriving at the hospital

We suggest you go to the main reception when you arrive at our hospital. The reception staff will then direct you to the outpatient area. It's best to let a member of staff know you have arrived. We will need to check the forms you have brought with you, just to make sure we are up-to-date with all your details.

It's normal to feel a bit anxious or unsure. We are here to help, support and care for you. If you have any concerns, do let us know and we will help you.



May we have your permission?

When a consultant, nurse or therapist asks you to agree to any form of examination or treatment, we understand that you always have a choice. It's quite acceptable for you to say no or ask for more information. Your consent is most important. So, when having any operation, we ask you to sign a consent form to show that you agree to the procedure and fully understand what will happen.

You've decided - what's next?

You can take as much time as you want to make a decision and in fact we advise that you think long and hard about all aspects of the procedure before agreeing to proceed. We appreciate there's a lot to think about, and we won't pressure you. If you think that cosmetic surgery is for you, we can discuss operation dates that may suit. We can also tell you more about coming into one of our hospitals. Finally we will advise you of all the costs and terms of your surgery.



En-suite Rooms

Our spotless hospitals

You can be assured that we take infection prevention very seriously. We train our people to maintain a clean environment. Naturally all our consultants, nurses and other healthcare staff wash their hands or use the alcohol hand rub before they treat you. Of course you will find all areas of the hospital are clean and tidy.